

Quest is Back and Brand New!

DISCOVER PROGRAMS FOR ADULTS

QUEST 2022:



Quest is a multi-day immersive experience for adults.

Whether you're searching for fun, knowledge or adventure, join us as we discover a new path for Quest.

Two distinct Quest experiences:

- *Grow Your Garden,
Grow Your Health*
June 21-23
- *Journey to Ukraine*
August 2-4

(847) 543-2980

CPEinfo@clillinois.edu

<https://bit.ly/CLCPersonalEnrichment>

GROW YOUR GARDEN, GROW YOUR HEALTH

Experience this three-day gardening workshop to immerse and explore the multidimensional aspects of gardening. Attend lectures by experts and gain valuable knowledge about urban farming, container gardening, sustainable landscaping and creating your own watercolor garden. Discover how gardening can be beneficial to your mental and physical well-being. The event will conclude with an exclusive trip to the Chicago Botanic Gardens. Wear comfortable shoes so you can fully enjoy the experience. Sign up today for this rewarding and unique garden experience! Register early; seating is limited.

June 21-23

Grayslake Campus

Early Bird Rate: \$129 (Register by May 31)

\$149 (Register after May 31)



DAY 1

Tuesday, June 21
9:30-11:30 a.m.

URBAN FARMING, Eliza Fournier

Get a sneak peek into the new urban farm project happening at CLC's Lakeshore campus in the downtown Waukegan community. The Urban Farm will provide food, health and jobs to Waukegan community and beyond. Eliza will lead an intriguing discussion on the "State of the State" of Illinois local food farms. Where does our food in Lake County come from? Who is growing our food and where? How does this impact our health? What is CLC's role in promoting local and healthy food?

TOUR OF CLC HORTICULTURE GARDENS, Melanie Bromberek

Journey into CLC's Horticulture Garden for a behind the scenes view of the arboretum, the apiaries, and the greenhouse.

Lunch on your own

1-3 p.m.

CONTAINER HEALING GARDEN Melanie Bromberek and Deb Figura

Awaken your senses by creating your very own container healing garden! The container healing garden will focus on appealing to your sight, sound, smell, taste and touch. You will choose from a variety of plants for your container and benefit from your garden far beyond the workshop.

DAY 2

Wednesday, June 22
9:30-11:30 a.m.

WATERCOLOR GARDEN, Jennifer Evans

Experience gardening through a therapeutic and meditational approach by way of watercoloring.

Observe garden blooms from an artist's point of view. Compose several studies of flowers and plants through sketches with both a pencil and a brush. Paint single blooms as well as bunches of flowers with stems and leaves.

11:30 a.m. to 12:45 p.m.

Buffet Luncheon

1-3 p.m.

SUSTAINABLE LANDSCAPING, David Husemoller

Learn about what we can do to make gardening and landscaping more sustainable. Visit locations on campus for examples of how we can reduce maintenance while enhancing visual appeal.

DAY 3

Thursday, June 23
9 a.m. to 3 p.m.

CHICAGO BOTANIC GARDEN TOUR, Eliza Fournier

Visit the Chicago Botanic Gardens with an exclusive trip to Enabling Gardens for a Horticulture Therapy session and an all-access pass to model train, tram and blooming butterfly exhibits! Field trip will include transportation.

Bus will depart from CLC parking lot 2 across from the CLC Horticulture Building at 9 a.m. Plan to arrive at least 15 minutes prior to departure time.

Scan the code below to register!



<https://bit.ly/CLCQuest1>

JOURNEY TO UKRAINE



Let's explore the war in Ukraine and its impact. Discuss and try to find answers to probing questions such as "How did we get here?" and "Why did Russia invade Ukraine?". Gain knowledge through historical and cultural contexts to understand the conflict. These timely and powerful discussions present thought-provoking perspectives. Don't miss the opportunity to participate in this engaging and eye-opening event. Sign up today to secure your spot; limited seating available.

August 2-4
Southlake Campus
Early Bird Rate: \$169 (Register by July 18)
\$189 (Register after July 18)

DAY 1

Tuesday, August 2
9:30-11:30 a.m.

THE RUSSO-UKRAINIAN WAR: BRINGING THEORY TO BEAR, **Aleksandar Jankovski**

Examination of the Russo-Ukrainian war from the prism of International Relations Theory.

Lunch on your own

1-3 p.m.

UKRAINE UNTIL 1990, Gary Midkiff

Ukraine, like many central and eastern European countries, has a long history of shifting borders, multiple invasions (including the Mongols and the Ottoman Empire) and periodic attempts at self-rule. It can be argued that Ukraine was the birthplace of the Russian nation. In 1922, it became a founding member of the Soviet Union and suffered severely (including the Holodomor). When the Soviet Union dissolved, Ukraine became an independent country. This session will focus on these historical events leading to independence.

DAY 2

Wednesday, August 3
9:30-11:30 a.m.

THE RUSSO-UKRAINIAN WAR: THE VIEW FROM INTERNATIONAL LAW, **Aleksandar Jankovski**

Examination through the prism of International Law.

11:30 a.m. to 12:45 p.m.

Buffet Luncheon

1-3 p.m.

UKRAINE FROM 1991 TO TODAY, **Gary Midkiff**

For the past 30 years, Ukraine has struggled to establish its own identity. Russia (under Vladimir Putin) has tried various ways to coerce and force Ukraine to accept a condition similar to what they were under the Soviet Union. Ukraine has resisted and following the Revolution of Dignity, the country expelled a pro-Russian autocrat and tried to move closer to NATO and the EU. This led to Russia's invasion of Crimea and the Donbas, and earlier this year, a full-scale military invasion. This session will focus on the current political situation and what may come next.

DAY 3

Thursday, August 4

UKRAINIAN VILLAGE TOUR

9 a.m. to 3 p.m.

Take part in a trip to Ukrainian Village and support local Ukrainian-owned businesses. Experience the rich Ukrainian culture by visiting a Ukrainian cultural arts museum and Ukrainian Delta Shop with handcrafted, one-of-a-kind Ukrainian goods.

Bus will depart from CLC parking at Southlake Campus at 9 a.m. Plan to arrive at least 15 minutes prior to departure time.

Scan the code below to register!



<https://bit.ly/CLCQuest2>

CHANGING *perspectives*

DISCOVER PROGRAMS FOR ADULTS

GRAYSLAKE CAMPUS

19351 W. Washington St.

LAKESHORE CAMPUS (WAUKEGAN)

33 N. Genesee St.

SOUTHLAKE CAMPUS (VERNON HILLS)

1120 S. Milwaukee Ave.

ONLINE

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THIS SUMMER'S DISCOVER CLASSES:

JUNE

The Inspiration Project: Storytelling and Serial Imagery

Beginning Conversational Spanish

Conversational Spanish 2

Let's Sign! American Sign Language

Israeli Music

JULY

Gerrymandering and Redistricting in the Wake of the 2020 Census

Major Decisions of the 2021-2022 Supreme Court

Middle Eastern Civilizations: Past and Present

German Virtuosa: Inside the Life and Times of Clara Schuman

Conversational Spanish 3

Life Transformation Through Mindfulness

Be Mindful, Stay Calm and Study Buddhist Practices

The Wisdom of Rumi

For more information, call **(847) 543-2980** or email CPEinfo@clcillinois.edu. For complete course descriptions and schedule information, visit <https://bit.ly/CLCPersonalEnrichment>

Schedule subject to change. Online version has most current information. www.clcillinois.edu.

CLC is committed to maintaining an environment free from harassment and discrimination for everyone and does not discriminate on the basis of race, sex, national origin, religion, sexual orientation, gender identity or expression, or any other protected status. Responsibility for coordination of compliance efforts and receipt of inquiries has been delegated to the Title IX and Compliance Coordinator, 19351 W. Washington St., Grayslake, IL 60030 (847) 543-2464.